



Greetings Parents and Student Athletes,

Trinity Catholic School, Community Leadership Academy, Community Christian School and Holy Comforter Episcopal School are working cooperatively to start a competitive Flag Football Program, for **6<sup>th</sup> – 8<sup>th</sup> Grade boys**, practice for which will begin later this Summer. Additionally, students from each of these four schools who are *interested* will be encouraged to participate in a new Tackle Football Club.

Each school will provide its own Flag Football Coach who will also serve as an Assistant Coach to the Club's Head Football Coach, **Peter Boulware**. There will be try outs for the Flag Football Team, time and dates to be announced. Please note that being on the Flag Football Team does not include/exclude your child from partaking in the tackle aspect of this opportunity. If your child only wants to do one or the other, it is totally acceptable.

We will kick off our new venture on Friday, August 2nd with a 5:30 p.m. meeting at Holy Comforter Episcopal School Gym. At that time, you will hear from Coach Boulware and others about the overall mission of this program and the means by which we plan to develop our student athletes through this endeavor. This meeting is meant to be an overview of the vision for the season and the future, with emphasis on tackle and the development of the flag aspect. If your child is going to participate in the tackle aspect as well, a representative will be on site to measure athletes for helmets and shoulder pads, so attendance is highly important. You will also be provided with an online link through which you may purchase necessary items such as pants, mouth guards, etc.

Conditioning sessions will begin the following Monday (August 5<sup>th</sup>) and will continue on Tuesday and Thursday afternoons from 3:00 p.m. - 5:00 p.m., in an effort to prepare for the Fall season. Below is a snapshot of the schedule. Conditioning sessions will be for student athletes from all four schools and will be held at Holy Comforter **unless otherwise communicated by the coaching staff**.

Meeting and equipment measurements: Friday, 8/2 @ 5:30 p.m. (HCES Gym)

Conditioning Sessions: 3:00 p.m. - 5:00 p.m.

Monday, 8/5

Tuesday, 8/6

Thursday, 8/8

Monday, 8/12 - **Trinity** Meeting with Coach Whittaker at lunch time about sign ups, further information.

Flag Football Practices: 3:30 p.m. - 5:00/5:30 p.m. - Winthrop Park.

**Try Outs** will be:

**Monday, 8/12 and Wednesday 8/14 3:30 p.m. -5:30 p.m. - Winthrop Park (both days are mandatory for consideration)**

Thursday, 8/15 will be **first practice** 3:30 p.m. -5:30 p.m. - Winthrop Park

Flag Football Games: 3:15 p.m. - 4:15 p.m. Followed by Tackle Practice: 4:15 p.m. - 5:30 p.m.

Thursday, 8/22

Tuesday, 8/27

Tuesday, 9/3

Tuesday, 9/10

Thursday, 9/12

Tuesday, 9/17

More games may be added due to involvement. Any further questions about the tackle aspect, please contact Ryan Snowden at [rsnowden@hces.org](mailto:rsnowden@hces.org).

Sincerely,

Joshua C. Whittaker  
Trinity Catholic School  
Athletic Director and Educator  
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